



WESTLAKES CAFE MENU



THE POWER BOWL

GRILLED OR BREADED CHICKEN (OR SUBSTITUTE VEGAN GF FALAFEL), ROASTED BALSAMIC BRUSSELS SPROUTS, PROVOLONE CHEESE, WALNUTS, ALMONDS, BLACK BEANS, CHICKPEAS, CRAISINS & AVOCADO OVER MIXED GREENS & BALSAMIC HONEY MUSTARD.

\$14.95

ADD BACON: \$2.00

SANDWICHES

AVAILABLE ON A ROLL, WHITE, WHEAT, RYE, MULTI GRAIN, OR WRAP AND SERVED WITH LETTUCE, TOMATO AND YOUR CHOICE OF PASTA SALAD OR SIDE GREEN SALAD. **\$8.95**

SUBSTITUTE FRESH BAKED CROISSANT \$1.00

TUNA SALAD

CHICKEN SALAD

FRESH ROASTED TURKEY AND CHEESE

HAM AND CHEESE

GRILLED CHICKEN AND CHEESE

BREADED CHICKEN CUTLET AND CHEESE

CAPRESE: FRESH MOZZARELLA CHEESE, TOMATO, & BASIL PESTO

WRAPS

LILY WRAP

TURKEY, LETTUCE, CRAISINS, GOAT CHEESE, AVOCADO, ALMONDS AND BALSAMIC HONEY MUSTARD. **\$9.95**

FALAFEL WRAP

OVEN BAKED FALAFEL, ROASTED PEPPERS, ROASTED BRUSSELS SPROUTS, TOMATO AND CARROTS WITH BALSAMIC HONEY MUSTARD OR FAJITA SAUCE. **\$9.95**

TROPICAL WRAP

MIXED GREENS, GRILLED CHICKEN, FRESH MANGO, CRAISINS, ALMONDS, AND TOASTED COCONUT DRIZZLED WITH HONEY SRIRACHA SAUCE **\$9.95**



WESTLAKES CAFE MENU



BUILD A SALAD \$9.95

START WITH MIXED GREENS, CARROTS, AND TOMATO

CHOOSE ONE:

GRILLED CHICKEN, BREADED CHICKEN OR FALAFEL

CHOOSE ONE CHEESE:

PROVOLONE, CHEDDAR, GOAT CHEESE, FETA OR
MOZZARELLA

CHOOSE TWO OF THE FOLLOWING:

BLACK BEANS, CHICKPEAS, WALNUTS, ALMONDS,
CRAISINS, ROASTED PEPPERS, HARD BOILED EGG,
OLIVES, TOASTED COCONUT, MANGO, OR
STRAWBERRIES

ADD BACON: \$2.00

ADD AVOCADO: \$1.50

HOMEMADE DRESSINGS:

BALSAMIC VINAIGRETTE , BALSAMIC HONEY
MUSTARD, CREAMY FAJITA, CAESAR & BLUE CHEESE